

## Eggs

local and free range feather ridge farm

Egg white Kale & quinoa wrap	10
Full breakfast	11
2 eggs any style, croissant, toast, bacon side salad	
Baked mushroom skillet	12.5
forest mushrooms, parmesan, side salad	
Italian breakfast	10
2 eggs any style, garlic toast, sofrito sauce, side salad	
2 eggs any style	7
toast, butter & jelly	
Goat cheese omelet	11
french goat cheese, baby spinach served with toast & side salad	
Curried coconut tofu hash V	11
organic tofu, tomato, oyster mushroom, tomato, spinach, garlic toast & side salad	
Quiche of the day + greens	10
Breakfast wrap	8
2 eggs, bacon, cheese, tomato	

## Salads

served with toast

Burrata salad	14.5
crispy prosciutto, arugula, pear, pickled pepper	
Caesar salad (add chicken +4)	10
Arugula salad	12
parmesan, lemon, olive oil	
Cous cous salad V	12.5
summer greens, strawberries, balsamic	
Red quinoa salad	12.5
roasted beets, goat cheese, walnut, balsamic	

V = Vegan

## Sweet breakfast

Waffle	8
berries and cream	
Oatmeal	7
flaxseed, cinnamon, cranberries, whole milk or soymilk +1	
Breadpudding french toast	8
seasonal berries, whipped cream	
Yogurt	7
served with house made granola & honey add fruit +2.5	

<b>Taco Cochiloco</b> 2 pieces	10
tequila braised pork shoulder, sour cream, beans, cilantro & lime slaw	

Veggie taco 2 pieces	8
sweet potato, beans, cilantro lime slaw, sour cream	

## Sandwiches

Grassfed hamburger	14.5
smoked tomato, cheddar, pickle, potato, salad	
B & E chicken sandwich	12.5
ciabatta, bacon, avocado, aioli & greens	
House-smoked brisket	12.5
spicy mayo, pickled red cabbage, cheddar	
Roasted vegetables melt	11
with goat cheese and pesto	

## Wraps

Falafel	11.5
tzatziki, red onion, cilantro, lettuce	
Moroccan lambwrap	12
dried tomato, aioli, red onion, greens	

## Bites

Pecorino, balsamic glaze	5
Olives	4
Prosciutto	7.5
Pickles assorted	4.5

## Pasta of the day 14.5

## Soups

served with toast

French lentil soup V cup 4	bowl 7
Soup of the day cup 4	bowl 7

## Desserts

House made ice cream	7
3 scoops, ask for the flavors	
Dutch apple pie	7
served with whipped cream	
Bread & butter pudding	8
honey cream & cranberry sauce	
Belgium waffle	8
ice cream, berries	
Daily baked pastries	
see specials or look in the case	

## Sides 4

chicken, falafel, chorizo, goat cheese, sautéed spinach, bacon, mushrooms, potatoes, fire roasted peppers, black forest ham

Please ask your sever for all our daily specials and let us know if you have any dietary restrictions.

For take out please call us at

845-687-9794 or order at the counter.